Health and Wellbeing projects and activities FUNDING APPLICATION

1. **Applicant:**

Name	Elizabeth Bartlett
Organisation	The Laverstock Memory Support Group

2. **Amount of funding required from the Area Board:**

£0 - £1000	
£1001 - £5000	£3000
Over £5000 (please note – our grants will not normally exceed £5000)	

3. **Are you applying on behalf of a Parish Council?**

Yes	
No	X

4. **If yes, please state why this project cannot be funded from the Parish Precept?**

5. **Project title?**

The Laverstock Memory Support Group

6. **Project summary: (100 words maximum)**

The Group provides on-going support for up to 15 people with dementia and for their family carers who meet in a separate room.
Additional support is given when members or their carers need it, especially for people with dementia who live alone.
Members and carers also continue to help create dementia friendly communities in our area.
(see section 10 for more information about this part of the work)

7. **Which Area Board are you applying to?**
Southern Wiltshire

8. **What is the Post Code of the place where your project is taking place?**
SP1 1QW

9. Please tell us which themes best describe your project:

☐ Intergenerational projects	☐ Heritage, history and architecture
X Older People Support/Activities	X Inclusion, diversity and community spirit
X Carers Support/Activities	☐ Environment, recycling and green initiatives
X Promoting physical and mental wellbeing	
X Combating social isolation	☐ Sport, play and recreation
- esp. for people with dementia living alone	☐ Transport
☐ Promoting cohesive/resilient communities	☐ Technology & Digital literacy
☐ Arts, crafts and culture	X Other
X Safer communities	

If Other (please specify)

> Dementia care

10. About your project
Please tell us about your project (a strong application will address all of the following):

(I) How does your project support local needs and priorities?

1. By supporting local people with dementia and their carers.
2. By promoting an understanding of dementia in our community
3. By participating in dementia related activities in our community

(II) How many older people/carers to do you expect to benefit from your project?

At any one time the Group can have up to 15 members with dementia.
Their family carers can join the parallel Peer Support Group. Our experience is that the Peer Group usually has about 12 members.

The groups meet thirty times a year and each session lasts for ninety minutes, creating a total of over 1,500 hours/year of face-to-face contact with the users of our service.

The Groups offer long-term support for members and include the opportunity to contact the leaders at any other time for advice or support. In practice, two or three members and carers take up this offer each week and it can involve visits to people in care homes or hospitals, etc.

Any vacancy created because a member is no longer able to attend the group is usually quickly filled. As a result, we have had 19 different people with dementia as members in the last twelve months.

(III) How we are encouraging volunteering and community involvement.

Members with dementia are encouraged to share their experience of living with dementia with the wider community in a variety of different ways

Activities in the last 12 months include:

a. Continuing work with a University of Southampton project on using GPS devices for Safer Walking.
   This included meeting with the 'All-party Parliamentary Group on Dementia' hearing a report on the project at the House of Commons at the end of March 2018.

b. Undertaking work to enable people living with dementia to assess how 'dementia friendly' local services and businesses really are.

   – Following this work, 4 local services were presented with certifictes by our members declaring that had been found to provide services which were "Truly Dementia Friendly."

   – A detailed report on the work was submitted to DEEP (an orgaganisation that aims to ensure the voices of people living with dementia are heard) in July 2108, and

   – Members who had taken part in the project presented an account of their findings at the Altzheimer's Support annual conference in Trowbridge in November.

c. Representatives have attended Dementia Action Alliance meetings, providing inputs based on the experience gained in our Group.

d. In September members attended a conference on Living with Dementia at Sarum College where the keynote speaker was Dr Jennifer Bute, a former GP with early onset dementia. They not only talked to other peole attending the Confernce, but also led a session in which they talked about their own experiences of living with demenita. This was much appreciated.

e. We had a visit from a representative of Innovation in Dementia who was carrying out a national study on desiging signs for use in public places that people living with dementia could readily understand. Some of our members were very willing and able to contribute to this study. They had a particularly lively discussion on possible signs alerting others to the fact that some people have 'invisible' disabilities.

f. Members have taken part in a number of local initiatives, including 'Celebrating Age', 'Silver Sunday' and 'Safe Places'.

g. The Group has acted as advisors to academic staff in the University of Southampton and Bournemouth University who are engaging with projects about aspects of dementia care.

h. Other visitors have included Cllr Ben Anderson – the Wiltshire Council Portfoloio Holder for Health & Wefare, a representative from Wiltshire Healwatch, and a student nurse planning to work in the field of dementia care. All these visitors have given us very positive feedback on the expereince they gained from meeting both our members with dementia and the family carers.

(IV) How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

a. There will continue to be no charges for membership of The Laverstock Memory Support Group
b. Access is still organised for people with mobility difficulties.
c. Members with dementia who live alone are regularly given additional support, or put in touch with other services, by the group Leader

(V) How will you work with other community partners?

- The Laverstock Memory Support Group has an Agreement with Alzheimer's Support for the next year and they will monitor the work. Alzheimer's Support will continue to be the principal financial sponsor.
- The Group will also work with Alzheimer's Support Staff who operate in South Wiltshire and with Salisbury Dementia Action Alliance.

11. Safeguarding
Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

There is no change in this area.
The Group Leader, Elizabeth Bartlett, is ultimately responsible for Safeguarding and ensures that others assisting her with the group are aware of the relevant policies.

12. Monitoring your project.

How will you know if your project has been successful? *required field

As previously reported, the Laverstock Memory Support Group is regularly visited by senior staff Alzheimer's Support. We also liaise closely with other staff from Alzheimer's Support working in South Wiltshire.

The satisfaction members and carers have with their experince of being part of the Group is clearly evidenced not only by their expressions of appreciation, but by the reularity with which they attend. Almost all absences are because of ill health, medical appointments, or important commitments to their wider family.

As Section 10 shows, we also find that members with dementia and carers regularly take part in a range of activities for people living with dementia in our community.

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

The grant we are applying for only covers part of the coast of running the Group and supporting the people who attend it. Our main sponsor is Alzheimer's Support and we endeavour to make up any short fall by Fund Raising Activities and gifts we receive – including *In memoriam* gifts for members who have died.

14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost

Not applicable

15.   **Finance:**

15a. Your Organisation's Finance:

Your latest accounts:

Month [▼]   Year [▼]

See appendices for explanation of our current financial position.

Total Income:

£ [   ]

Total Expenditure:

£ [   ]

Surplus/Deficit for the year:

£ [   ]

Free reserves currently held:
(money not committed to other projects/operating costs)

£ [   ]

Why can't you fund this project from your reserves:

15b. Project Finance: See Covering Letter

Total Project cost   £ [   ]

Total required from Area
Board   £ [   ]

Expenditure **£**	**Income** **£**	**Tick if income confirmed**
NB. If your organisation reclaims VAT you should exclude VAT from the expenditure (Planned project costs help)	(Planned Income help)	
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16. **Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field**

      ○   Yes

⊙ No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.

[   ]

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:
N/A   I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:
N/A   For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:
I will make available on request the organisation's **latest accounts**

Constitution:
N/A   I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:
I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):
N/A   I will make available on request evidence of ownership of buildings/land
N/A   I will make available on request the relevant planning permission for the project.

N/A   I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...
I confirm that the information on this form is correct, any award received will be spent on the activities specified.